

# *Financial training for non financial staff*

ATTAINMENT TRAINING



*The financial training specialists*

## **Family finances in the credit crunch**

Plenty of people are struggling financially at the moment. This half day course looks at how participants can assess their income and expenditure and debt levels, and improve their financial position.

It covers budget setting, debt, where expenditure can be cut with minimum impact on lifestyle, and the big financial issues that need to be considered.

The aim of this course is to help participants manage their personal finances better, so they can live within their income and reduce their debt.

The course will involve plenty of time for questions and discussions. The theory will be backed up with a case study illustrating all the points, and plenty of examples. Here's how the course works:

- Taking stock – measuring income and expenditure, and debt levels
- Finding extra income
- Reducing costs – making easy changes
- Managing the big (and expensive) things in life
- Setting a budget and dealing with debt
- Action plan

Post course development

### **Who is this training relevant to?**

Any of your staff who are worried about their personal financial situation, and whose worries are making them less effective at work.

### **How long is the time investment?**

Half a day.

### **How much will it cost?**

You pay a daily rate for the course, plus our travel costs (plus VAT). This includes all development costs, the cost of the course materials, and the post course development resources. You provide the venue. There are no nasty hidden surprises in the fee!

### **How do you find out more?**

Email us on [alex@attainmenttraining.co.uk](mailto:alex@attainmenttraining.co.uk) or telephone on [0121 276 0040](tel:01212760040), and we will arrange a visit to discuss your needs in more detail.